



Medfoods
10 Katz Way Somerton VIC 3062
Ph 03 9309 9112
E sales@medfoods.com.au

PRODUCT LIST

| PRODUCT | UNIT PER CARTON x WEIGHT | OTHER INFORMATION |
|---|-------------------------------------|--------------------------|
| <u>BEANS</u> | | |
| ADZUKI BEANS | 12 x 1kg 1 x 25kg | |
| BARLOTTI BEANS | 12 x 1kg 1 x 25kg | |
| BLACK BEANS | 12 x 1kg 1 x 25kg | |
| BLACKEYE BEANS | 12 x 1kg 1 x 25kg | |
| BROAD BEANS | 12 x 1kg 1 x 25kg | |
| CANNELLINI BEANS | 12 x 1kg 1 x 25kg | |
| FABA BEANS SPLIT | 12 x 1kg 1 x 25kg | |
| FABA WHOLE BEANS | 12 x 1kg 1 x 25kg | |
| GREAT NORTHERN BEANS | 12 x 1kg 1 x 25kg | |
| LIMA BEANS | 12 x 1kg 1 x 25kg | |
| LUPINI HAMBURG | 12 x 1kg 1 x 25kg | |
| MOONG DAHL (GREEN MUNG BEANS) | 12 x 1kg 1 x 25kg | |
| MUNG BEANS | 12 x 1kg 1 x 25kg | |
| PINTO BEANS | 12 x 1kg 1 x 25kg | |
| RED KIDNEY DARK BEANS | 12 x 1kg 1 x 25kg | |
| RED KIDNEY LIGHT BEANS | 12 x 1kg 1 x 25kg | |
| SMALL RED BEANS | 12 x 1kg 1 x 25kg | |
| SOYA BEANS | 12 x 1kg 1 x 25kg | |
| <u>LENTILS</u> | | |
| AUSTRALIAN GREEN BOOMER LENTILS | 12 x 1kg 1 x 25kg | |
| AUSTRALIAN RED FOOTBALL (SKIN OFF) WHOLE LENTILS | 12 x 1kg 1 x 25kg | |
| AUSTRALIAN RED WHOLE LENTILS | 12 x 1kg 1 x 25kg | |
| FRENCH GREEN LENTILS | 12 x 1kg 1 x 25kg | |
| GREEN CANADIAN LENTILS | 12 x 1kg | |



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| | 1 x 25kg | |
| GREEN SPLIT PEAS | 12 x 1kg 1 x 25kg | |
| RED SPLIT LENTILS | 12 x 1kg 1 x 25kg | |
| SOUP MIX | 12 x 1kg 1 x 25kg | |
| YELLOW SPLIT PEAS | 12 x 1kg 1 x 25kg | |
| | | |
| <u>CHICKPEAS</u> | | |
| CHICKPEAS | 12 x 1kg 1 x 25kg | |
| CHICKPEAS LARGE | 12 x 1kg 1 x 25kg | |
| CHICKPEAS DESI | 12 x 1kg | |
| CHICKPEAS SPLIT | 12 x 1kg 1 x 25kg | |
| CHICKPEAS DOUBLE ROASTED | 12 x 400g 1 x 5kg | |
| CHICKPEAS SUGAR COATED (COLOUR) | 12 x 400g 1 x 5kg | |
| CHICKPEAS WHITE ROASTED | 12 x 400g 1 x 5kg | |
| CHICKPEAS YELLOW ROASTED | 12 x 400g 1 x 5kg | |
| | | |
| <u>DRIED FRUIT</u> | | |
| APRICOT DRIED | 15 x 300g 1 x 5kg 1 x 12.5kg | |
| BANANA CHIPS | 12 x 250g 1 x 6.8kg | |
| CRANBERRIES | 12 x 500g 1 x 11.34kg | |
| CURRENTS | 15 x 300g 1 x 12.5kg | |
| DRIED APPLE RINGS | 12 x 300g 1 x 10kg | |
| GINGER CRYSTALISED | 12 x 300g 1 x 5kg | |
| MANGO DRIED | 12 x 300g 1 x 5kg | |
| PAW PAW DICED | 15 x 300g 1 x 5kg | |
| PAW PAW SPEARS | 12 x 300g 1 x 5kg | |
| PINEAPPLE DICED | 15 x 300g 1 x 5kg | |
| PINEAPPLE RINGS | 12 x 300g 1 x 5kg | |



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| PRUNES PITTED | 15 x 300g 1 x 12.5kg | |
| RAISINS JUMBO | 15 x 300g 1 x 10kg | |
| SULTANA | 12 x 500g 1x 12.5kg | |
| <u>NUTS</u> | | |
| ALMOND BLANCHED WHOLE | 15 x 250g 1 x 13kg | |
| ALMOND FLAKES | 15 x 250g 1 x 9kg | |
| ALMOND RAW | 12 x 400g 1 x 10kg | |
| ALMOND SLIVERED | 15 x 250g 1 x 10kg | |
| ALMOND SPLIT | 15 x 250g 1 x 12.5kg | |
| CASHEWS RAW | 15 x 250g 12 x 500g 1 x 22.6kg | |
| CORN NUTS – BBQ | 12 x 300g | |
| CORN NUTS – CHILLI | 12 x 300g | |
| CORN NUTS – NACHO | 12 x 300g | |
| PEANUT RAW BLANCHED | 12 x 1kg 1 x 25kg | |
| PEANUTS IN SHELL | 16 x 400g | |
| PEANUTS RAW | 12 x 1kg 1 x 25kg | |
| PINENUTS | 12 x 50g 12 x 100g (PKT + TUB) 12 x 200g 1 x 25kg | |
| PISTACHIO KERNALS | 12 x 250g 1 x 10kg | |
| WALNUTS | 16 x 300g 1 x 11.34kg | |
| <u>BURGUL</u> | | |
| BURGUL WITH VERMICELLI | 12 x 1kg 1 x 25kg | |
| DRIED KISHIK | 12 x 500g | |
| JRESH FINE | 12 x 1kg 1 x 25kg | |
| LEBANESE BROWN COARSE BURGUL | 12 x 1kg 1 x 20kg | |
| LEBANESE BROWN FINE BURGUL | 12 x 1kg 1 x 20kg | |
| LEBANESE WHITE COARSE BURGUL | 12 x 1kg 1 x 20kg | |
| LEBANESE WHITE FINE BURGUL | 12 x 1kg 1 x 20kg | |



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| TURKISH BROWN COARSE BURGUL | 12 x 1kg 1 x 25kg | |
| TURKISH BROWN FINE BURGUL | 12 x 1kg 1 x 25kg | |
| TURKISH WHITE COARSE BURGUL | 12 x 1kg 1 x 25kg | |
| TURKISH WHITE FINE BURGUL | 12 x 1kg 1 x 25kg | |
| TURKISH WHITE MEDIUM BURGUL | 12 x 1kg 1 x 25kg | |
| | | |
| <u>FLOUR</u> | | |
| ALMOND MEAL | 15 x 250g 1 x 10kg | |
| ATTA FLOUR | 12 x 1kg | |
| BARLEY FLOUR | 12 x 900g 4 x 5kg 1 x 25kg | |
| CHICKPEA/BESAN FLOUR | 12 x 900g 1 x 25kg | |
| CORN FLOUR | 20 x 500g 12 x 900g 1 x 25kg | |
| CORNSTARCH | 15 x 500g | |
| MAIZE FLOUR | 12 x 1kg 4 x 5kg 1 x 25kg | |
| MILLET FLOUR | 12 x 1kg | |
| PLAIN FLOUR | 12 x 1kg 1 x 12.5kg | |
| RICE FLOUR | 12 x 1kg 1 x 25kg | |
| RYE FLOUR | 12 x 1kg 1 x 12.5kg | |
| SELF RAISING FLOUR | 12 x 1kg 1 x 12.5kg | |
| SORGHUM RED FLOUR | 12 x 1kg 4 x 5kg 1 x 25kg | |
| SPECIAL WHITE FLOUR | 12 x 1kg 1 x 12.5kg | |
| WHOLEMEAL FLOUR | 12 x 1kg 1 x 12.5kg | |
| | | |
| <u>RICE</u> | | |
| BASMATI GOLDEN SELLA RICE | 15 x 1kg 4 x 5kg | |
| BROWN RICE | 15 x 1kg 1 x 25kg | |
| CLASSIC BASMATI RICE | 15 x 1kg | |
| JASMINE RICE | 15 x 1kg | |
| LONG GRAIN RICE | 15 x 1kg | |



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| MEDIUM GRAIN RICE | 15 x 1kg 1 x 10kg | |
| <u>SALT</u> | | |
| FINE SALT | 18 x 1kg 1 x 10g 1 x 25kg | |
| GOURMET CRYSTAL SALT | 18 x 1kg 1 x 25kg | |
| HIMALAYAN COARSE SALT | 20 x 1kg 1 x 25kg | |
| HIMALAYAN FINE PINK SALT | 20 x 1kg 1 x 25kg | |
| HIMALAYAN FINE WHITE SALT | 20 x 1kg 1 x 25kg | |
| HIMALAYAN ROCK SALT | 20 x 1kg 1 x 25kg | |
| <u>ZATAAR</u> | | |
| ZATAAR | 16 x 500g | |
| ZATAAR HALABI | 16 x 400g | |
| <u>SEEDS</u> | | |
| BLACK SESAME SEEDS | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 500g 1 x 25kg | |
| CHIA SEEDS | 15 x 250g 12 x 1kg 1 x 25kg | |
| DUKKAH (NUT FREE) | 12 x 50g 12 x 100g (TUB) 12 x 250g 12 x 500g | |
| LINSEED | 15 x 500g 12 x 1kg 1 x 15kg | |
| MUSTARD BROWN SEEDS | 12 x 50g 12 x 200g 12 x 400g 1 x 25kg | |
| NIGELLA SEEDS | 12 x 50g 12 x 200g 12 x 400g 1 x 25kg | |
| POPPING CORN | 12 x 1kg 1 x 25kg | |
| POPPY BLUE SEEDS | 12 x 50g 12 x 100g (TUB) 15 x 250g 1 x 15kg | |



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| PUMPKIN KERNELS | 15 x 300g 1 x 25kg | |
| QUINOA WHITE | 15 x 500g 1 x 20kg | |
| RED SORGHUM SEEDS | 12 x 1kg | |
| SESAME SEEDS | 20 x 500g 12 x 1kg 1 x 15kg | |
| SUNFLOWER KERNELS | 15 x 300g 1 x 22.68kg | |
| SUNFLOWER SEEDS SALTED | 16 x 300g | |
| SUNFLOWER SEEDS UNSALTED | 16 x 300g | |
| TURKISH PUMPKIN SEEDS DOUBLE ROASTED | 16 x 300g | |
| TURKISH PUMPKIN SEEDS WHITE ROASTED | 16 x 300g | |
| WHITE PUMPKIN SEEDS ROASTED & SALTED | 12 x 300g | |
| | | |
| <u>BREADCRUMBS</u> | | |
| BREADCRUMBS | 20 x 500g 1 x 15kg | |
| BREADCRUMBS COARSE | 15 x 500g 1 x 15kg | |
| | | |
| <u>COCONUT</u> | | |
| COCONUT DESICCATED CHIPS | 12 x 500g | |
| COCONUT FINE | 12 x 500g 1 x 11.34kg | |
| COCONUT SHRED | 16 x 500g 1 x 11.34kg | |
| | | |
| <u>COUSCOUS</u> | | |
| COUSCOUS | 12 x 1kg 1 x 25kg | |
| MOGHRABIEH (COUSCOUS PEARLS) | 12 x 1kg | |
| | | |
| <u>POLENTA</u> | | |
| POLENTA COARSE | 12 x 1kg 1 x 12.5kg | |
| POLENTA FINE | 12 x 1kg 1 x 12.5kg | |
| | | |
| <u>SEMOLINA</u> | | |
| SEMOLINA COARSE | 12 x 1kg 1 x 12.5kg | |
| SEMOLINA FINE | 12 x 1kg 1 x 12.5kg | |
| | | |
| <u>SUGARS</u> | | |



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| BROWN SUGAR | 20 x 500g 15 x 1kg 1 x 25kg | |
| CASTER SUGAR | 15 x 1kg 1 x 25kg | |
| ICING SUGAR | 20 x 500g 1 x 12.5kg | |
| RAW SUGAR | 15 x 1kg 1 x 25kg | |
| WHITE SUGAR | 15 x 1kg 4 x 5kg 1 x 25kg | |
| <u>WHEAT & BARLEY</u> | | |
| BARLEY CRACKED | 12 x 1kg 1 x 25kg | |
| BARLEY PEARLED | 12 x 1kg 1 x 25kg | |
| BUCKWHEAT | 15 x 500g 1 x 25kg | |
| FREEKAH | 15 x 500g 1 x 25kg | |
| HABIA | 12 x 1kg 1 x 25kg | |
| KIBBLED WHEAT | 12 x 1kg 1 x 25kg | |
| WHOLE WHEAT | 12 x 1kg 1 x 25kg | |
| <u>BAKING INGREDIENTS</u> | | |
| BAKING POWDER | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 500g 1kg to 25kg | |
| BICARBONATE SODA | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CITRIC ACID | 12 x 30g 12 x 100g (TUB) 12 x 200g 12 x 400g 12 x 500g 1kg x 25kg | |
| INSTANT YEAST | 12 x 50g 20 x 500g | |
| MAHLEP GROUND | 12 x 30g 1kg to 25kg | |
| MISKI POWDER/ WHOLE | 1 x 25pk | |
| VANILLA POWDER | 12 x 25g | |



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| | 1kg to 25kg | |
| VANILLA SUGAR | 12 x 50g 12 x 100g (TUB) 12 x 200g 1kg to 25kg | |
| <u>SPICES/HERBS/SEASONINGS</u> | | |
| 7 MIXED SPICES | 12 x 40g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| ANISEED GROUND | 12 x 40g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| ANISEED STAR | 12 x 30g 12 x 40g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| ANISEED WHOLE | 12 x 40g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| BASIL | 12 x 20g 12 x 40g (TUB) 12 x 150g 12 x 500g 1kg to 10kg | |
| BAY LEAVES | 12 x 10g (PKT + TUB) 12 x 100g 12 x 200g 1kg to 10kg | |
| BBQ SPICES | 12 x 50g 12 x 100g (TUB) 12 x 200g 1kg to 20kg | |
| BIRYANI MIXED SPICES | 12 x 30g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| BLACK PEPPER CRACKED | 12 x 30g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| BLACK PEPPER GROUND | 12 x 30g 12 x 100g (TUB) | |



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| | 12 x 200g 12 x 400g 1kg to 25kg | |
| BLACK PEPPER WHOLE | 12 x 30g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CAJUN SPICE | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CARDAMON FINE | 12 x 30g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CARDAMON PODS | 12 x 20g 12 x 80g (TUB) 12 x 100g 12 x 200g 1kg to 25kg | |
| CARAWAY GROUND | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CARAWAY SEED | 12 x 30g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CASSIA STICKS | 12 x 30g (PKT + TUB) 12 x 200g 1kg to 10kg | |
| CAYENNE PEPPER | 12 x 50g 12 x 100g (TUB) 12 x 200g 1kg to 25kg | |
| CHICKEN MARINADE MILD | 12 x 50g 12 x 100g (TUB) 12 x 200g 1kg to 15kg | |
| CHICKEN MIXED SPICE | 12 x 50g 12 x 100g (TUB) 12 x 200g 1kg to 15kg | |
| CHILLI POWDER HOT | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |



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| CHILLI POWDER MILD | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CINNAMON BARK | 12 x 30g 12 x 50g (TUB) 12 x 200g 1kg to 10kg | |
| CINNAMON GROUND | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CLOVES GROUND | 12 x 30g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CLOVES WHOLE | 12 x 20g 12 x 80g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CORRIANDER GROUND | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CORRIANDER WHOLE | 12 x 50g 12 x 70g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CRUSHED CHILLI HOT | 12 x 40g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CUMIN GROUND | 12 x 30g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CUMIN SEEDS WHOLE | 12 x 30g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| CURRY POWDER HOT | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g | |



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| | 1kg to 25kg | |
| CURRY POWDER MILD | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| DILL TIPS DRY | 12 x 20g 12 x 40g (TUB) 12 x 150g 1kg to 25kg | |
| DRY MINT FLAKES | 12 x 25g 12 x 40g (TUB) 12 x 150g 1kg to 25kg | |
| FALAFEL SPICES | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| FENNEL GROUND | 12 x 40g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| FENNEL SEED | 12 x 30g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| FENUGREEK GROUND | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| FENUGREEK SEED | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| FISH SPICE | 12 x 50g 12 x 100g (TUB) 12 x 200g 1kg to 20kg | |
| GARAM MASALA | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| GARLIC GRANULES | 12 x 50g 12 x 200g 12 x 400g 1kg to 25kg | |
| GARLIC POWDER | 12 x 50g | |



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| | 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| GINGER FLAKES/ KIBBLED | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| GINGER GROUND | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| HERB AND GARLIC SEASONING | 12 x 50g 12 x 100g (TUB) 12 x 200g 1kg to 15kg | |
| ITALIAN MIXED HERBS | 12 x 30g 12 x 80g (TUB) 12 x 150g 1kg to 15kg | |
| KABSA SPICES | 12 x 50g 12 x 100g (TUB) 12 x 200g 1kg to 25kg | |
| LEMON PEPPER SEASONING | 12 x 50g 12 x 100g (TUB) 12 x 200g 1kg to 15kg | |
| MAJORAM GROUND | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 20kg | |
| MIXED HERBS | 12 x 30g 12 x 50g (TUB) 12 x 150g 1kg to 25kg | |
| MIXED SPICES | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 15kg | |
| MOGHRABIA SPICES | 12 x 40g 12 x 100g (TUB) 12 x 200g 1kg to 25kg | |
| MOROCCAN SPICES | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 15kg | |



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| NUTMEG GROUND | 12 x 30g 12 x 100g (TUB) 12 x 200g 1kg to 25kg | |
| NUTMEG WHOLE | 12 x 20g 12 x 100g (TUB) 12 x 200g 1kg to 25kg | |
| ONION FLAKES | 12 x 20g 12 x 40g (TUB) 12 x 200g 1kg to 25kg | |
| ONION POWDER | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| OREGANO FLAKES | 12 x 25g 12 x 40g (TUB) 12 x 200g 1kg to 25kg | |
| OREGANO GROUND | 12 x 25g 12 x 80g (TUB) 1kg to 25kg | |
| PAPRIKA HOT | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| PAPRIKA SMOKED | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| PAPRIKA SWEET | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| PARSLEY FLAKES | 12 x 20g 12 x 30g (TUB) 12 x 150g 1kg to 15kg | |
| PIMENTO GROUND | 12 x 20g 12 x 100g (TUB) 12 x 200g 1kg to 25kg | |
| PIMENTO WHOLE | 12 x 20g 12 x 80g (TUB) 12 x 200g 1kg to 25kg | |
| RAS EL HANOUT SPICE | 12 x 50g 12 x 100g (TUB) | |



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| | 12 x 200g 1kg to 25kg | |
| ROSEMARY | 12 x 40g (PKT + TUB) 12 x 200g 1kg to 15kg | |
| SAGE LEAVES | 12 x 20g 12 x 40g (TUB) 12 x 150g 1kg to 25kg | |
| SHAWRAMA SPICES | 12 x 40g 12 x 100g (TUB) 12 x 200g 1kg to 10kg | |
| SUMAC | 12 x 50g 12 x 100g (TUB) 12 x 250g 12 x 500g 1kg to 25kg | |
| THYME RUBBED | 12 x 30g 12 x 50g (TUB) 12 x 100g 1kg to 25kg | |
| TUMERIC GROUND | 12 x 50g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| WHITE PEPPER GROUND | 12 x 30g 12 x 100g (TUB) 12 x 200g 12 x 400g 1kg to 25kg | |
| WHITE PEPPER WHOLE | 12 x 30g 12 x 100g (TUB) 12 x 200g 1kg to 25kg | |
| <u>SPICES/HERBS/SEASONINGS RACK AVAILIABLE UPON REQUEST</u> | | |
| <u>HALWA</u> | | |
| AL NAKHIL HALWA CHOCOLATE | 12 x 454g | |
| AL NAKHIL HALWA COTTON CANDY | 12 x 454g | |
| AL NAKHIL HALWA PISTACHIO | 12 x 454g | |
| AL NAKHIL HALWA PLAIN | 12 x 454g | |
| AL NAKHIL HALWA PLAIN SUGAR FREE | 12 x 454g | |
| MEDFOODS HALWA SHUSHIEH | 12 x 800g | |
| <u>NATURAL SEED OILS</u> | | |
| BLACK SEED OIL | 12 x 60ml 12 x 125ml | |



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| <u>OLIVE OIL</u> | | |
| MEDFOODS EXTRA VIRGIN OLIVE OIL | 12 x 250ml 12 x 500ml 6 x 1520ml 4 x 2850ml | |
| <u>MIDDLE EASTERN</u> | | |
| MEDFOODS FALAFEL MIX | 12 x 200g | |
| MEDFOODS MAHALABIA DESSERT MIX | 12 x 200g | |
| MEDFOODS MEGHLI DESSERT MIX | 12 x 200g | |
| MEDFOODS MLOUKHIEH LEAVES DRY | 24 x 200g | |
| MEDFOODS SAHLAB DESSERT MIX | 12 x 200g | |
| MSALLEM HOT CHILLI PASTE | 12 x 640g | |
| MSALLEM STUFFED EGGPLANT (MAKDUS) | 12 x 1kg | |
| <u>CANNED CHICKEN/CORNBEEF</u> | | |
| CHICKEN LUNCHEON MEAT | 24 x 240g 24 x 340g 12 x 850g | |
| CHICKEN SAUSAGES | 24 x 425g | |
| FRESHLEY CORNED BEEF | 24 x 340g | |
| <u>SWEET/SAVOURY DELIGHTS</u> | | |
| PRETZELS | 12 x 300g 1 x 5kg | |
| RICE CRACKERS | 12 x 400g 1 x 7kg | |
| SESAME BARS | 12 x 200g (TUB) | |
| <u>DATES</u> | | |
| DATE CROWN DATE PASTE | 12 x 500g | |
| DATE CROWN DATE SYRUP | 24 x 400g | |
| DATE CROWN LULU DATE | 16 x 500g 10 x 1kg | |
| MEDFOODS GOLDEN DATES | 12 x 500g 1 x 5kg | |
| MEDFOODS KHOWEILDY DATES | 12 x 900g | |
| MEDFOODS KHUDARI DATES | 12 x 900g | |
| MEDFOODS NABOUT DATES | 12 x 900g | |
| MEDFOODS PITTED DATES | 15 x 1kg 1 x 10kg | |
| MEDFOODS SAFAWI DATES | 12 x 900g | |
| MEDFOODS TUNISIAN DATES | 24 x 250g 12 x 500g | |
| <u>LEMON JUICE</u> | | |



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|--|---|--|
| MEDFOODS LEMON JUICE | 24 x 250ml 12 x 1lt | |
| <u>MOLASSES</u> | | |
| MEDFOODS CAROB MOLASSES | 12 x 800g | |
| MEDFOODS DATES MOLASSES | 12 x 800g | |
| MEDFOODS GRAPE MOLASSES | 12 x 800g | |
| MEDFOODS POMEGRANATE 100% MOLASSES | | |
| MEDFOODS POMEGRANATE MOLASSES | 24 x 300ml 12 x 600ml | |
| <u>OLIVES</u> | | |
| MSALLEM NATURAL GREEN OLIVES | 12 x 1kg | |
| MSALLEM NATURAL GREEN SLICED OLIVES | 4 x 3kg | |
| <u>PICKLED VEGETABLES</u> | | |
| MSALLEM CHILLI PEPPERS | 12 x 1kg 3 x 4kg | |
| MSALLEM LUPINI IN BRINE PICKLED | 12 x 1kg | |
| MSALLEM MIXED PICKLES | 12 x 1kg 4 x 3kg | |
| MSALLEM PICKLED CUCUMBERS | 12 x 1kg 4 x 3kg | |
| MSALLEM PICKLED OKRA | 12 x 640g | |
| MSALLEM PICKLED SLICED TURNIPS | 12 x 1kg 4 x 3kg | |
| MSALLEM SLICED DILL PICKLES | 12 x 1kg | |
| MSALLEM SLICED JALAPENO PEPPERS | 12 x 640g | |
| MSALLEM SWEET PICKLE RELISH | 12 x 370g | |
| MSALLEM WILD CUCUMBER (MIKTI) | 12 x 1kg 4 x 3kg | |
| <u>TAHINA</u> | | |
| AL NAKHIL TAHINA | 24 x 450g 12 x 900g 6 x 2kg 1 x 18kg | |
| <u>VINEGAR</u> | | |
| MEDFOODS BALSAMIC VINEGAR | 12 x 250ml | |
| MEDFOODS WHITE VINEGAR | 12 x 1ltr | |
| MEDFOODS GRAPE JUICE | 12 x 500ml | |
| <u>SYRUP</u> | | |
| MEDFOODS JALLAB SYRUP | 12 x 600ml | |



Medfoods
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E sales@medfoods.com.au

PRODUCT LIST

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| MEDFOODS MULBERRY SYRUP | 12 x 600ml | |
| MEDFOODS ORANGE BLOSSOM WATER | 24 x 300ml 12 x 600ml | |
| MEDFOODS POMEGRANATE SYRUP | 12 x 600ml | |
| MEDFOODS ROSE SYRUP | 12 x 600ml | |
| MEDFOODS ROSE WATER | 24 x 300ml 12 x 600ml | |
| MEDFOODS TAMARIND SYRUP | 12 x 600ml | |
| <u>VIMTO</u> | | |
| VIMTO CAN | 30 x 250ml | |
| VIMTO SYRUP | 12 x 710ml | |
| <u>TEA & COFFEE</u> | | |
| COFFEX TURKISH COFFEE | 8 x 250g | |
| NUTRISLIM TEA | 1 x 30 tea bags | |
| <u>JAMS</u> | | |
| MEDFOODS APRICOT JAM | 12 x 800g | |
| MEDFOODS FIG JAM WITH WALNUTS | 12 x 800g | |
| MEDFOODS STRAWBERRY JAM | 12 x 800g | |
| <u>VINELEAVES</u> | | |
| MSALLEM VINELEAVES IN BRINE | 12 x 1kg 4 x 3kg | |
| <u>CANNED CHICKPEAS</u> | | |
| MEDFOODS BOILED CHICKPEAS | 24 x 400g | |
| <u>CANNED FAVA BEANS</u> | | |
| MEDFOODS FAVA BEANS (FOUL MOUDAMMAS) | 24 x 400g | |
| MEDFOODS FAVA BEANS (FOUL MOUDAMMAS) EGYPTIAN RECIPE | 24 x 400g | |
| MEDFOODS FAVA BEANS (FOUL MOUDAMMAS) WITH CHILLI | 24 x 400g | |
| MEDFOODS FAVA BEANS (FOUL MOUDAMMAS) WITH CUMIN | 24 x 400g | |
| <u>CANNED BROAD BEANS (BAJELLA)</u> | | |
| MEDFOODS COOKED BROAD BEANS | 24 x 400g 12 x 800g | |
| <u>OATS</u> | | |
| ROLLED OATS | 15 x 500g | |
| <u>EGG NOODLES</u> | | |
| SAN REMO EGG NOODLES | 5 x 1kg | |



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|----------------------------------|----------|--|
| SAN REMO SHORT CUT VERMICELLI | 10 x 1kg | |
|----------------------------------|----------|--|